

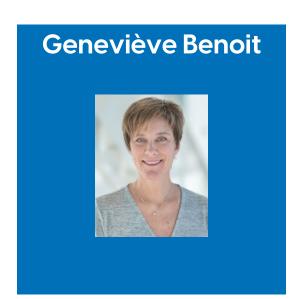
OFFICIAL WELCOME WINTER 2024

International Activities and Student Mobility



International Activities and Student Mobility



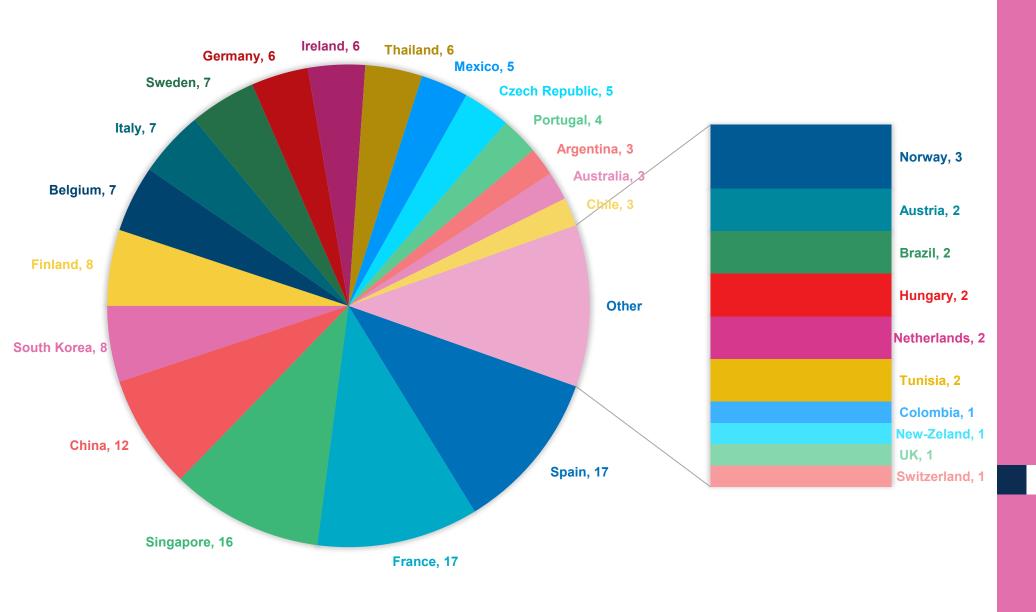








Winter 2024 Student Mobility







Entry Authorizations

Entry documents

At this point, you should already have:

- An eTA, or;
- Applied for a Temporary Resident Visa, or;
- Applied for a Study permit

Do not attempt to enter the country without the right documents!

If you have any questions, <u>email us</u> immediately!

Additional reminders:

Upload your documents in HEC en ligne :

- Birth certificate
- Passport

Complete the Application in HEC en ligne (not applicable to visiting students)

Required documents at the border

Mandatory travel documents:

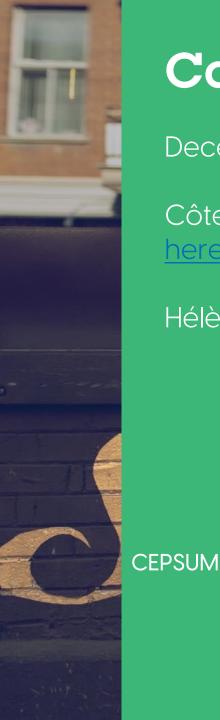
- Passport (with the visa sticker on it, if applicable)
- HEC Montréal Admission letter (<u>HEC en ligne</u>)
- Private medical insurance if you enter Canada before January 1st (valid until January 1st)

More documents may be required for students with a Temporary Resident Visa or Study permit;

 Financial proofs: a copy of all financial documents submitted in the visa/study permit application



Campus Facilities



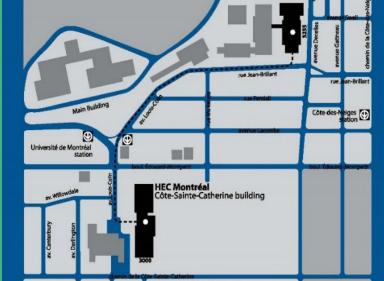
Campus location

Decelles building – click <u>here</u> for map

Côte-Sainte-Catherine building – click for map

Hélène Desmarais – <u>Downtown</u>

HEC Montréal Côte-Sainte-Catherine building







CEPSUM – CAMPUS SPORT COMPLEX

Access with your student ID card.

Free membership

 Access to swimming pool, running track, sports rooms (squash, racquetball, etc.)

Special rates

- Training room for 4 months: 101\$ + taxes
- Other activities: up to 40% reductions

For more information



2100, boulevard Édouard-Montpetit Montreal, QC, H3T 1J4

cepsum@umontreal.ca

Phone: 514-343-6150

RESOURCES

WI-FI access on campus

- Username: Student ID
- Password: Same as for HEC en ligne

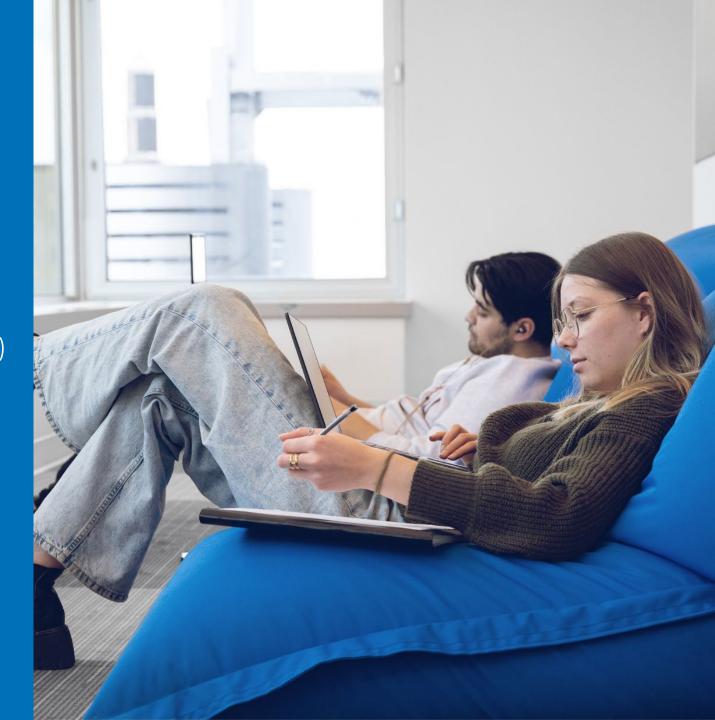
Library

- Côte-Sainte-Catherine Building, 2nd floor
- Francine-Roy (Hélène Desmarais building)
- 7 days a week

Printers

- Côte-Sainte-Catherine building, 1st floor
 yellow section and Library
- Decelles building, 4th floor at the intersection of Northern and Southern sections

Instructions for printers





LOCKERS

Reservation during the first week of the semester

- 1 locker must be shared by 2 full-time students
- 1 shared compartment + 2 smaller individual compartments
- Bring your own padlocks
- You cannot have lockers in both buildings

Reserve your <u>locker</u> via HEC en ligne with both students' ID numbers.



PSYCHOLOGICAL SUPPORT AND WELLNESS

We remain your main contact if you need assistance: incoming@hec.ca

Psychological support:

Concerned about a situation?
We invite you to visit the <u>Student services support</u> website for more information.

Wellness:

Several event and workshops are designed to help students successfully complete their academic journey while maintaining a good quality of life. See the complete activity calendar <u>here!</u>

Special needs – Disabled students

HEC Montréal offers a range of accommodations that facilitate the access to academic curricula to students with special educational needs. We are very much committed to provide you with the same or very similar accommodations you receive at home.

Here's how to seek out personalized support and services during the course of your studies. We strongly suggest you proceed as soon as possible, since the implementation of some services calls for extra planning and organization. Your file shall be treated confidentially.

1. Gather the documents Required for the first appointment:

 A report certifying the existence of a disability and defining it, or;
 A statement declaring that the disability justifies the implementation of management Measures. 2. Contact us to request support: incoming@hec.ca

3. Upon reception of the confirmation of your needs, we will inform our Student Service — Disabled Students

4. HEC Montréal
Student Services will
meet with you to
discuss rhe
accomodation that
will be put in place.



Security on & off campus

OFF CAMPUS SECURITY

Never carry your passport when you go out.

Keep it in a safe place at home.

Take a photocopy with you if needed.

Never leave your bag, computer or any other personal belongings unattended.

(ex: on the backseat of a car)

Do not keep a large amount of money at home nor on you.

On-Campus Security

REFER TO <u>HEC Montréal Website</u> main page

« <u>Emergency measures</u> » at the bottom



OPEN 24/7

Security Desk at the main entrance of each building

A WINTER STORM IS COMING?

Get the latest info: Winter Storm



Phishing or a fraudulent mail

What is it?

Phishing are emails, text messages and websites that are designed to appear to come from well-known legitimate businesses, financial institutions and government agencies. Their goal is to extract your private data (personal, financial or sensitive information).

Examples:

- **Email or text message**: Email with an alert to change your password or to accept a wire transfer. (Don't click on the link included in the message)
- Robots or fraudulent call: Never answer to those call. Your bank institution will never ask you to make a Interact transfer or cryptocurrency transfer to another account.

What to do in the case you are not sure of the origin of the email, the text message and/or the phone call? Call the company who is responsible of the sending of this email: If it looks like the email that you just received comes from your bank institution and you are not sure that it is really from them, the best option is to call them.

Important: Never open an email or message text if you are not sure from where it comes from. Once they have your password, they can steal all your personal data.

For more information concerning phishing, fraudulent email or fraud, consult the following website from the Government of Canada: Protection from frauds and scams - Canada.ca



Personal information

PERSONAL INFORMATION | MANDATORY

HEC en ligne

Put in your Montreal residence address on the profile section.





Personal Details
Contact Details
Addresses
Emergency Contacts
Social Insurance Number
Password

Emergency contact information

Complete the Emergency Contacts form

STUDENT ID CARD

WHEN & WHERE

Côte-Sainte-Catherine building

Espace Création C of the library (see Ication)
First week of the semester
– During opening hours

At the Coop HEC Montréal - At all time Note: You are under no obligation to become a Coop HEC Montréal member.

If you lose your card, you will be charged a \$10 fee for a new card.

MANDATORY TO ACCESS

- Exams
- Library
- Computer Labs
- Sport Complez Cepsum
- Student activities
- School outside regular hours
- Campus medical clinic

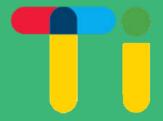


Two-factor authentication – Use computer as secondary factor

Change in phone number:

Once in Canada, you may change your phone number for a Canadian one. In this case, you need to make a change in the *Office exploitation system* to avoid any authentication problem.

See the steps here.







Health Insurance

HEC MONTREAL MEDICAL & HEALTH INSURANCE PLAN

All international students are automatically enrolled to the <u>Cowan insurance</u> plan:

- Compulsory
- Premium cost
- Private health insurance plans are not accepted.

Cowan's insurance fees will appear in your HEC en ligne as « Tuition fees » in December.

Cowan's coverage:

- Access to health care clinics and hospitals
- Prescription drugs
- Covered outside of Quebec less than 60 days
- Not covered: dental or eye care (unless accidental)

HEC MONTRÉAL MEDICAL AND HEALTH INSURANCE PLAN

How can I get my Cowan insurance cards?

- Payment upon your arrival:
 - \$396 CAN (one term)
- Approximately two week after the payment, the Cowan team will send you a
 welcome with instructions on how to access your kit (including your card),
 which is available online via the <u>Cowan portal</u>.

Payment deadline: January 25, 2024

- Debit or Credit*
 - Zone Info at the Registrar's Office Room 2.26O, Decelles Building
- <u>CIBC International Student Pay Website</u> (1,25% in administrative fees (\$ CAD))

RECIPROCAL SOCIAL SECURITY AGREEMENTS

Exemption from the compulsory HEC Montréal health insurance plan.

 Fee waived when covered by the Régie de l'Assurance Maladie du Québec (RAMQ)

Eligibility for the no fee Quebec Health Insurance Plan (RAMQ)

- Students must be citizens of Belgium, Denmark, Finland, Greece, Luxembourg, Norway, Portugal, Romania or Sweden.
- Must be covered by the health plan of their country of origin and have obtained the certificate of affiliation (required document)

Coverage

- Access to health care clinics and hospitals (in Canada only)
- Prescription drugs: Covered for Belgian and French students only
- Dental or eye care: Not covered unless accidental.

More information: <u>Quebec Health Insurance Plan (RAMQ) for international students</u>

HEALTH INSURANCE | RAMQ REGISTRATION

Registration procedure (start as soon as possible!)

STEP 1: Gather the required documents. You will need:

- 1. Identity page of your passport
- 2. CAQ and Study permit (CAQ only for French visitor students)
- 3. Attestation of full-time studies (Available in HEC en ligne)
- 4. <u>Certificate of coverage</u> under your country's social security (previously filled)

STEP 2: Fill the online form

- Register for health insurance | Régie de l'assurance maladie du Québec (RAMQ)
- You must provide a mailing address in Québec in order to receive your Health Insurance Card.
- You will receive a confirmation letter by email (acceptance or refusal) and you will receive your Health Insurance Card by mail.

STEP 3: Upload your RAMQ confirmation in you HEC en ligne.

- Certificate of eligibility (Attestation or Card) from the RAMQ must be uploaded in PDF via HEC en ligne.
- Once you upload your RAMQ card or attestation, THEN the mandatory Cowan health insurance fee will be waived.

HOW TO USE MEDICAL PLAN

Students with RAMQ card

- Inside Quebec: Present your RAMQ card at the clinic / hospital.
- Outside Quebec: The RAMQ will not cover any medical care. You must have a personal travel insurance.

Students with COWAN insurance

- Inside Quebec: Present your printed Cowan card
 - If accepted by clinic No upfront payment required
 - If not accepted by clinic Upfront payment required
 - If you need medical care, you will have to upfront the payment and be reimbursed afterwards
 - To be reimbursed, you will need a medical certificate from the health professional OR the Medical Claim Form with the Physician's statement section completed. first month
- Outside Quebec: Refer to the Travel card (Allianz Global Assistance)

MEDICAL ASSISTANCE

Info-Santé

Free medical advice (24/7) – Dial 811

Emergency

Fire, Police, Ambulance – Dial 911

Hospital versus Clinic

- ONLY go to hospitals for emergencies Waiting time can be long...
- Go to a clinic or refer to a pharmacist if not an emergency.
- Be advised that doctors do not make house calls.
- Campus medical clinic highly recommended Student ID card required

University of Montreal Clinic

2101 Édouard-Monpetit – Room 110 Metro station: Edouard-Montpetit

Phone number: 514-343-6452 (press 1

to skip French message)

Opening hours: Monday to Friday –

9am to 5pm

For more information

<u>List of medical and</u> dental clinics in Montreal



Getting around Montreal



OPUS CARD FOR BUS & METRO

The OPUS card is a smart card on which you can charge transit fares.

Rechargeable in all the subway stations and pharmacies. Several options available – daily, weekly, monthly and others.

Plan your trip

- STM mobile application
- Google maps application



More information at the Montreal transit system website (STM)

REDUCE FARE OPUS CARD

OPUS reduced fare – Students

How to get the rechargeable card:
Go to STM photo studio at <u>Berri-UQUAM metro station</u> (by appointment only)

You will have to bring with you:

- Attestation OPUS card available in HEC en ligne from an electronic device (if you don't have an electronic device, a tablet is available on site).
- Your passport

You will have to pay \$15 by cash, debit card or credit card (Visa, Mastercard)



BUS & OTHER TRANSPORTS



If you don't have an OPUS card: you have to pay the exact amount of \$3,75 (one way).

Do not hesitate to ask the driver if you are going in the right direction.

Use the night buses, they are safe!



Taxis and Uber are safe and also recommended at night.



International driver license is required if your permit is not written in English or French. For more information <u>click here</u>.



Settling down

HOUSING

Assistance on arrival

When: January 4, 5, 8 and 9th

Where: Côte-Sainte-Catherine building

Stand in the Atrium (cafeteria)

Assistance throughout the semester: incoming@hec.ca

<u>Information on housing options</u>

- Facebook group
- Montréal housing guide
- Housing Hawk housing search services

Warnings

- Make sure to sign a rental contract or a sublet agreement.
- Never pay cash deposit nor monthly rent without getting a receipt right away.
- Be respectful and careful with the place you rent you are liable for damages.
- We recommend you subscribe to a liability housing insurance.

OPENING A BANK ACCOUNT

It is OPTIONAL: no obligation for you to open a bank account for less than 6 months (and not all banks will accept to do so!).

Make an appointment with the bank (TD Canada Trust recommended)

Documents usually required

- Passport
- A second ID with photo such as driver's license
- Proof of enrollment with a Montreal residence address
 - Available in HEC en ligne
- Admission letter from HEC Montréal or HEC Montréal student ID card

Student ID required for reduced fees student account.

Make sure to update your Montreal residence address in HEC en ligne!

BANKING

BANKS NEARBY:





You can also find ATM machines in HEC Montréal buildings!



Lavs



CIGARETTES – ALCOHOL - CANNABIS

Quebec strict laws

Smoking in public areas

- Outside 9 meters of any public buildings.
- In restaurants, bars and night-clubs Outside shelters are available

Drinking alcohol in public areas

Prohibited in parks and on the street

Cannabis – Legal in Canada – 21 y.o. minimum

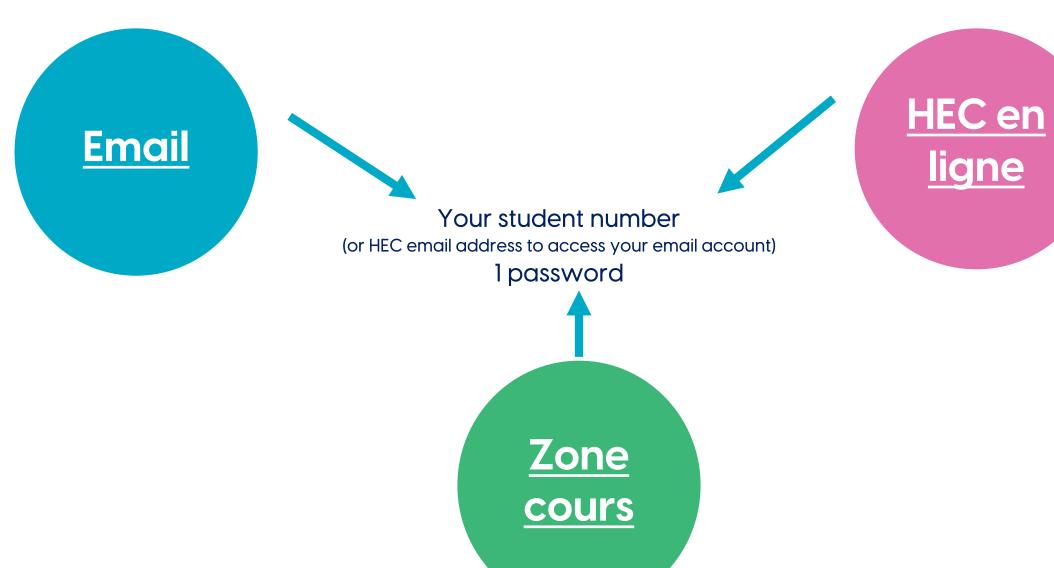
7 Things You Should Know About Cannabis in Quebec | Éducaloi (educaloi.qc.ca)

HEC Montréal Policy for smoke-free environment



Tools

TOOLS AT YOUR FINGERTIPS

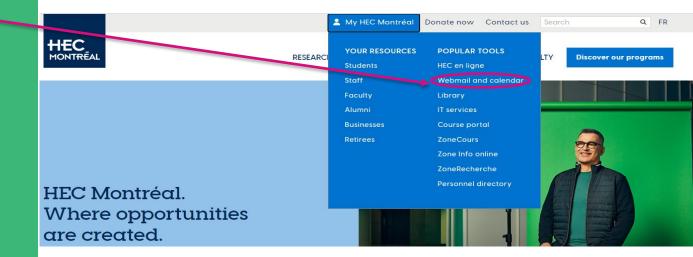


HEC EMAIL ADDRESS

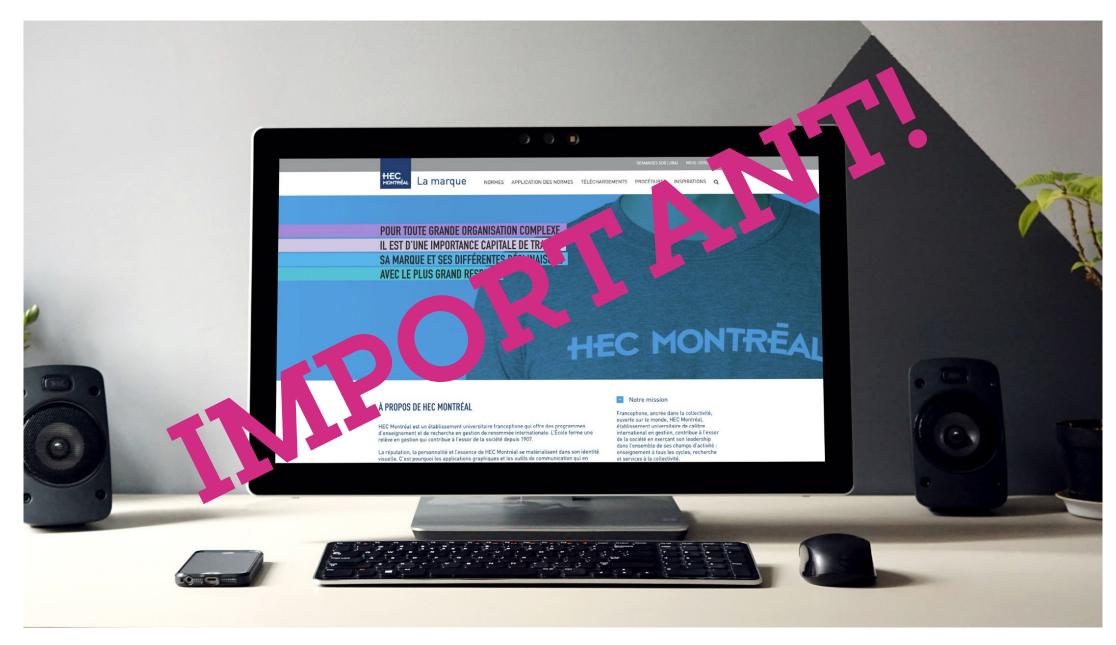
Teachers and administrative staff will ONLY contact you via your HEC email account.

Access you HEC email account through courriel.hec.ca or though www.hec.ca home page.

- Under MY HEC MONTRÉAL
- **Username**: you HEC email address
 - Go to Profile in HEC en ligne under Contact Details
- Password: Same as for HEC en ligne = Your birthday (yymmdd) if not already modified



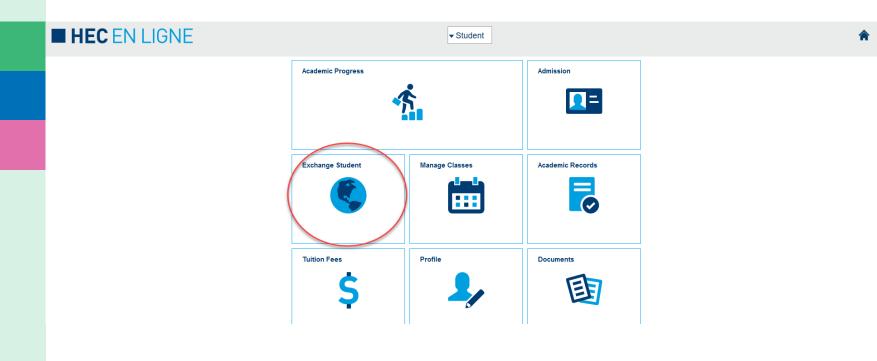
HEC EMAIL ADDRESS





HEC EN LIGNE – PERSONAL INFORMATION

MANDATORY: Make sur that you have completed the Exchange Student Application



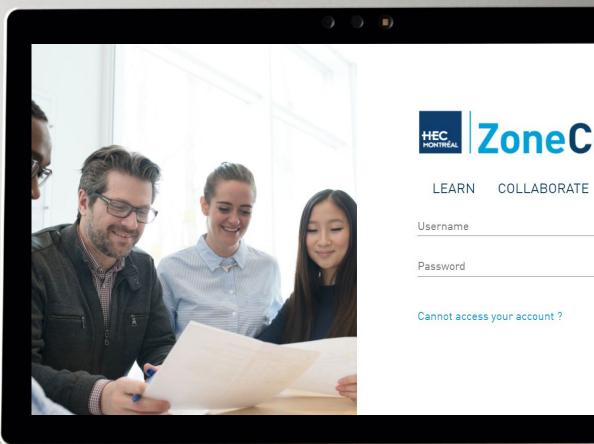
HEC EN LIGNE - COURSE SCHEDULE

- Meeting Information = Course Timetable.
- Title and section of the course-
- Each week's schedule and room
- Exam Information
- Mid-term & Finale exams timetable
 No information in the exam section means that another type of evaluation will be used.











CREATE

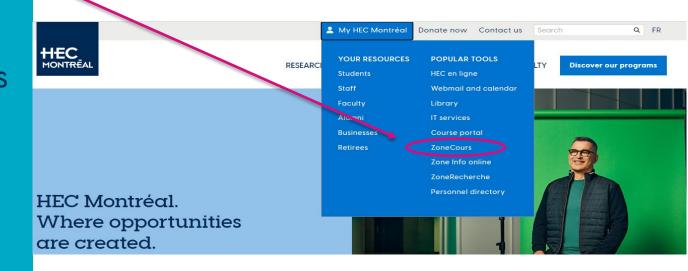


ZONECOURS

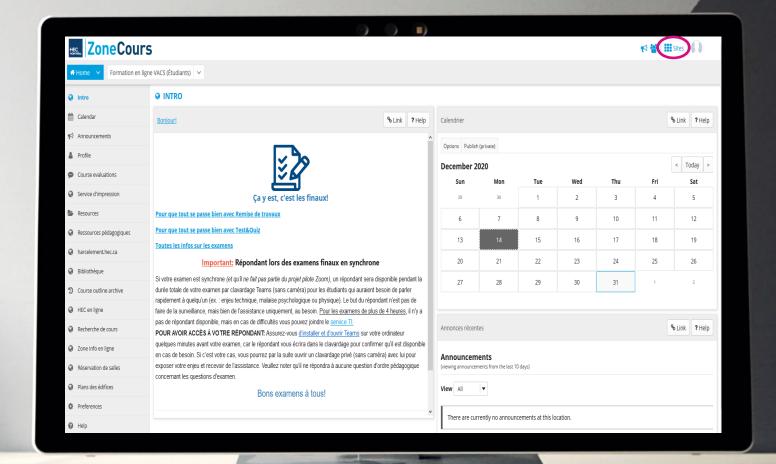
ZoneCours is the academic platform used by teachers.

Access through <u>www.hec.ca</u> home page

- Under MY HEC MONTRÉAL/Zone Cours
- Password: Same as for HEC en ligne
 - Course Outline
 - Plan for each course meeting
 - Academic support material
 - Forums
 - Announcements
 - Teacher contact details
 - List of students in your classes
 - And more!



ZONECOURS







LEARNING MATERIAL

Required material will be indicated in the course syllabus.

Online books: available on <u>Coop HEC</u> <u>Montréal website</u>

- You must be a member of COOP HEC Montréal to benefit from reduced fees.
- Contact: pedagogique.coophec@hec.ca

School's library

** When contacting the school's services (Coop, library, etc.), always mention that you are an exchange student at HEC Montréal; it help us better answer your requests.





Academic expectations

ACADEMIC CALENDAR

Academic calendar available online

Always check HEC en ligne for exact schedule.

Important dates	Winter 2024
Course enrollment	November 1, 10 a.m. to November 13
Classes begin	January 6
Holiday	March 29 to April 1
Mid-semester exams Check HEC en ligne for updated info	February 24 – March 1
Mid-semester break	March 2 - March 8
Final exams Check HEC en ligne for updated info	April 17 – April 30

COURSE REGISTRATION

PER SEMESTER

BBA

Mininum 4 courses

12 HEC credits



MSc

Minimum 3 courses

9 HEC credits



COURSE REGISTRATION – FIRST WEEK OF CLASS

DURING

The first week of class

Attend all courses even the one on the waiting list.

Add, swap or drop courses

Check your *HEC en ligne* regularly!

COURSE REGISTRATION

WAITING LIST

You will automatically be registered to the course on the waiting list if it becomes available and the system allows it.

The system does not allow to be registered to the course on the waiting list, when:

- Timetable clash with another registered course
 - Cancel the course with the timetable clash
- Already registered to 5 business courses (BBA)
 - Cancel one of the registered course
- Already registered to 4 or 5 business courses + 1 language course (BBA)
 Contact us

You will receive an email notifying that you have 48 hours to correct the situation to remain in 1st position on the waiting list and to get the place next time one becomes available.

COURSE REGISTRATION – ADD / SWAP / DROP

UNTIL January 19

- Add / Drop / Swap No fee exchange students
- **Drop**: Course will not appear on final transcript
- Swap: To change a course

AFTER January 19

No adding nor swapping

BETWEEN January 19– March 23

- **Drop**: Course will appear on your final transcript with the grade 'AB' (Abandon = Withdraw)
- No impact on you GPA

AFTER March 23

- **Drop**: Course will appear on your final transcript with the grade 'F' (fail)
- Impact on your GPA

HEC Montréal is strict about deadlines.



COURSE REGISTRATION LANGUAGE COURSES

Placement test must be done by November 15th:

- The Language Center will proceed to your enrollment after the placement test is done.
- You cannot enroll in a language course yourself.

An email with all details was sent this week.

Any question, contact formationenlangues@hec.ca



PLAGIARISM

Integrity is one of the core values which the School reinforces strongly.

A zero-tolerance policy is applied in case of plagiarism.

Examples:

- Using another person's text and passing it off as one's own, without citing any references. This is the case even if such use is partial.
- Handing in an assignment that was written or done fully or partly by another person.
- During an examination, possessing or using any documents, materials or unauthorized instruments.
- Requesting or obtaining unauthorized help during an exam.
- Replacing another person or getting replaced during an exam or evaluation.
- Failing to reference or quote a source.

<u>Citing your sources</u> provides clear explanations on how to present references and quotations and, indicates how to cite electronic documents.

Warning! HEC Montréal <u>Plagiarism policy</u> may differ from the one at your home university. Please consult our website on <u>Intellectual integrity of students.</u>

FINAL TRANSCRIPT

OFFICIAL TRANSCRIPT WILL BE SENT TO YOU VIA A SECURED PLATFORM CALLED MYCREDS.CA

- Upon reception, you'll be able to send it directly to your home institution.
- It's impossible to receive a transcript with grades in percentage.
- Grades conversion is to be confirmed by your home university
- Grades will be available on HEC en ligne by mid-January

"With great distinction" – BAA program:

- « Mention d'excellence »
- Must be enrolled in a minimum of 15 credits
- GPA of 3.5 over 4.3 for BBA students

BE PREPARED!

Student Services webinars recordings:

- Start on the right foot at HEC Montréal (date to be confirmed)
- Succeed in my studies (video clips)





HEC Montréal Facebook

in HEC Montréal LinkedIn





Housing Hawk English Hechange









HEChange is an association that aims to give you the best months of your life.



A crazy Welcome Week – January 12 to 21







- Memorable parties
- Academic meetings
- A Gala





Meet your HEChange team

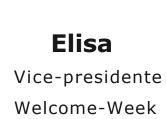
FALL SEMESTER 2023



Our team of volunteers has at heart to make you live the best semester of your life









Theo Art Director





Nicolas

Vice-presidente Gala

ADELE Treasure



Marion Vice-presidente Trip





Paul Vice-presidente Partnership

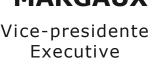




Vice-presidente Executive



Party





CONTACT US

HOW?

E-mail: hechange@hec.ca

Office: RJ889 Côte Sainte-Catherine

Building

You can also use our Instagram:

@paulmigiano

@adeleguignochau

@margauxchristiany

Follow us now so youdon't miss anything:



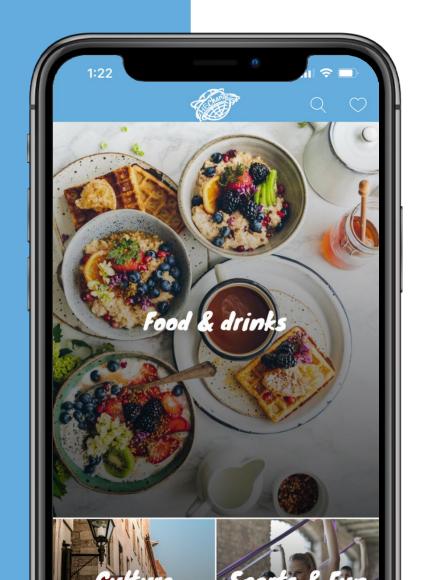
HEChange



@hechange_official



@hechange_official







Our services



Apartment Visits



Apartment searches

+ visits



Available apartments























