Expressing Your Own Opinion

- In my opinion...
- The way I see it...
- If you want my honest opinion....
- According to Lisa...
- As far as I'm concerned...
- If you ask me...

Asking for Someone Else's Opinion

- What's your idea?
- What are your thoughts on all of this?
- How do you feel about that?
- Do you have anything to say about this?
- What do you think?
- Do you agree?

Agreeing

- I agree with you 100 percent.
- I couldn't agree with you more.
- That's so true.
- You're absolutely right.
- Absolutely.
- That's exactly how I feel.
- There is no doubt about that.
- You have a point there.
- I was just going to say that.

Interrupting Politely

- I'm sorry to interrupt, but....
- Before we move on to the next point, may I add...?
- Sorry, I didn't catch that, is it possible to repeat the last point...
- Excuse me (name), may I add to that...?
- Do you mind if I jump in here?
- Pardon me, but...
- I don't mean to intrude, but...
- While that is an important point, it's also important to add...
- May I say something here?
- Pardon my interruption, please, but...
- Just a moment/minute, please.
- If I could just come in here ...
- Can I just say that ...?

Disagreeing Politely

• Yes, but don't you think that...?

- Perhaps, but I can't help thinking that...
- I take your point, but that's not the way I see it.
- True, but I'm afraid I disagree (with)...
- I see what you mean but I'm not at all convinced that...
- There may be some truth in what you say but don't you think it's more a question of....